

Name: \_\_\_\_\_ Catalog Yr. \_\_\_\_\_

**2021 B.S. in KINESIOLOGY: HUMAN PERFORMANCE AND EXERCISE SCIENCE EMPHASIS  
PROGRAM REQUIREMENTS  
(Rev 01-26-2021)**

<b>1<sup>ST</sup> SEMESTER</b>	<b>Credits</b>		<b>2<sup>ND</sup> SEMESTER</b>	<b>Credits</b>	
ENGL101 English Composition ( <b>FW</b> )	3		ENGL102 English Composition ( <b>FW</b> )	3	
UF100 Found. of Intellect. Life ( <b>UF</b> )	3		Found. of Arts ( <b>FA</b> ) <i>See catalog</i>	3	
Foundations of Comm. ( <b>FC</b> ) <i>See catalog</i>	3		Found. of Humanities ( <b>FH</b> ) <i>See catalog</i>	3-4	
MATH143 College Algebra ( <b>FM</b> )	3		MATH144 Analytical Trigonometry	2	
PSYC101 General Psychology ( <b>FS</b> )	3		BRONCOFIT Activity	1	
KINES184 Intro to Strength and Conditioning Coaching I	1		KINES185 Intro to Strength and Conditioning Coaching II	1	

<b>3<sup>RD</sup> SEMESTER</b>	<b>Credits</b>		<b>4<sup>TH</sup> SEMESTER</b>	<b>Credits</b>	
BIOL227 Human Anatomy & Phys ( <b>FN</b> )	4		BIOL228 Human Anatomy & Phys ( <b>FN</b> )	4	
KINES200 Intro to Kinesiology	2		KINES301, PSYC295 or MATH254 Stats	3	
UF200 Found. of Ethics and Divers. ( <b>UF</b> )	3		KINES270 Applied Anatomy	3	
KINES201 Cult., Hist., & Phil. Dimensions	3		KINES220 Intro to Athletic Injuries	3	
KINES181 Intro to Sport Coaching	3		Foundations of Social Science ( <b>FS</b> )	3	

<b>5<sup>TH</sup> SEMESTER</b>	<b>Credits</b>		<b>6<sup>TH</sup> SEMESTER</b>	<b>Credits</b>	
KINES363 Exercise Psychology	3		KINES330/331 Exercise Physiology	4	
CHEM101/101L OR CHEM111/111L General Chemistry ( <b>FN</b> )	4		CHEM102/102L OR CHEM112/112L General Chemistry	4	
RESPCARE220 CP Renal Physiology (Fall only)	3		HLTH207 Nutrition or KINES332 Sports Nutrition	3	
PHYS111 Physics I	4		KINES293 Internship	3	
BRONCOFIT Activity	1				

<b>7<sup>TH</sup> SEMESTER</b>	<b>Credits</b>		<b>8<sup>TH</sup> SEMESTER</b>	<b>Credits</b>	
KINES436/437 Ex Testing and RX	4		KINES493 Internship	3	
KINES365 Social Psychology of Sport and Physical Activity (fall only)	3		KINES430 Physical Activity & Spec Pop	3	
KINES370/371 Biomechanics	4		KINES432/433 Conditioning Procedures (FF)	4	
Upper division elective	3		KINES362 Sport Coaching Methods and Admin	3	
KINES493 Internship	3		KINES375/376 Human Growth and Motor Learning	4	