

Name: \_\_\_\_\_ Student ID #: \_\_\_\_\_ Catalog Year: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone/Cell: \_\_\_\_\_  
 \_\_\_\_\_ E-mail: \_\_\_\_\_  
 City State Zip

### K-12 PHYSICAL EDUCATION PROGRAM REQUIREMENTS & ADVISING SHEET

Students must demonstrate the following competencies: (a) Overall GPA  $\geq$  3.00, (b) Kinesiology GPA  $\geq$  3.00, and (c) Education courses  $\geq$  3.0 GPA. In addition, the College of Education requires that a grade of a C- in any required course will have to be re-taken.

#### FRESHMAN YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
CHEM 101,101L Essentials of Chemistry I & Lab (FN)	4	_____	BIOL 227 Anatomy and Physiology I (FN)	4	_____
ENGL 101 Introduction to College Writing (FW)	3	_____	ENGL 102 Intro to College Writing & Research (FW)	3	_____
KINES 140 Personal Health	3	_____	Foundations of Humanities (FH) _____	3-4	_____
PSYC 101 Survey of Psychological Science (FS)	3	_____	Foundations of Arts (FA): _____	3	_____
UF 100 Foundations of Intellectual Life	3	_____	Foundations of Communication (FC): _____	3	_____
	(16)			(16-17)	

#### SOPHOMORE YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 102, 103, 106, & 113 Tennis, Indoor Rackets, Disc Golf, & Golf (F)	4	_____	ED-CIFS 201 Foundations of Education (FS)	3	_____
KINES 107, 114, & 116 Gymnas., Outdoor, Dance (F)	3	_____	EDTECH 202 Teaching /Learning in Digital Age	3	_____
KINES 201 Cul. Hist. & Phil. Dimensions of PA	3	_____	KINES 110, 111, 117 Volleyball, BkBall, Soccer (Sp)	3	_____
KINES 251 Introduction to Teaching PE (F)	3	_____	KINES 105 & 115 Yoga, Rec Games (Sp)	2	_____
MATH143 Precalculus I: Algebraic Functions (FM)	3	_____	KINES 270 Applied Anatomy	3	_____
	(16)			(14)	

Complete Fitness Testing Session \_\_\_\_\_

**\*APPLY to the K-12 PE program** during Fall Semester (only if you have 3 semesters remaining of course work, excluding student teaching).

**\*\*\*Due to course prerequisites and offerings, it is CRITICAL that many UPPER DIVISION semester courses be taken as listed below\*\*\***

#### JUNIOR YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 181 Introduction to Coaching	3	_____	KINES 305 Adapted Physical Education (Sp)	3	_____
ED-CIFS 203 Child and Educational Psychology	3	_____	KINES 351 Elementary PE Methods (Sp)	3	_____
KINES 330 Exercise Physiology and Lab	4	_____	KINES 352 Elementary PE Field Experience (Sp)	1	_____
KINES 365 Social Psy of Sport & Physical Activity(F) or KINES 363 Exercise Psychology (F/S)	3	_____	KINES 301 Stats, Measurement & Eval Concepts	3	_____
KINES 361 Conditioning Principles for Sport (F)	2	_____	KINES 455 Organization and Admin of PE (Sp)	2	_____
	(15)		UF 200 Foundations of Ethics and Diversity	3	_____
<b>*Apply to K-12 PE PROGRAM and Teacher Education</b>				(15)	

#### SENIOR YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 372 Applied Principles of Biomechanics (F)	3	_____	Student Teaching:		_____
KINES 375 Human Gr. /Motor Learning/Lab	4	_____	KINES 460 Professional Year – Elementary	7	_____
KINES 451 Secondary PE Methods (F)	3	_____	KINES 461 Professional Year – Secondary	7	_____
KINES 452 Secondary PE Field Experience (F)	1	_____		(14)	
KINES 458 Curriculum Design in PE (F)	3	_____			
	(14)				
			<b>Total Credits:</b>	120-121	

**\*Pass Praxis II (#0091) prior to Student Teach\*** Scores must be received the semester prior to student teaching.

**SUBJECT AREA ENDORSEMENTS or MINOR – Optional**

*All course work in a minor or endorsement must be completed, along with passing Praxis II in that content area, prior to student teaching.*

Class Title	Credits	Grade

Class Title	Credits	Grade

Health Teaching Endorsement	
Course Number and Title	Credits
ADST 109 Drugs: Use and Abuse	3
HLTH 207 Nutrition or KINES 332 Nutrition in Exercise and Sport	3
KINES 140 Personal Health	3
KINES 242 Human Sexuality (Fall only)	3
KINES 445 Elementary and Secondary School Health Methods & Admin (Spring only)	3
Select two (2) courses from the following: COID 200 The Art of Happiness KINES 363 Psychology of Exercise PSYC 301 Abnormal Psychology PSYC 331 The Psychology of Health	6
<b>Total</b>	<b>21</b>

Alternative to KINES 242: PSYC 261 Human Sexuality
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**Health PRAXIS II: #5551** Passing Score = 155

*Effective Fall, 2020*