

Name: \_\_\_\_\_ Student ID #: \_\_\_\_\_ Catalog Year: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone/Cell: \_\_\_\_\_  
 \_\_\_\_\_ E-mail: \_\_\_\_\_  
 City State Zip

### K-12 PHYSICAL EDUCATION PROGRAM REQUIREMENTS & ADVISING SHEET

Students must demonstrate the following competencies: (a) Overall GPA  $\geq$  3.00, (b) Kinesiology GPA  $\geq$  3.00, and (c) Education courses  $\geq$  3.0 GPA. In addition, the College of Education requires that a grade of a C- in any required course will have to be re-taken.

#### FRESHMAN YEAR

| FALL   |         |       | SPRING  |         |       |
|--|---------|-------|---|---------|-------|
| Class Title  | Credits | Grade | Class Title                                       | Credits | Grade |
| CHEM 101,101L Essentials of Chemistry I & Lab (FN) | 4       | _____ | BIOL 227 Anatomy and Physiology I (FN)            | 4       | _____ |
| ENGL 101 Introduction to College Writing (FW)      | 3       | _____ | ENGL 102 Intro to College Writing & Research (FW) | 3       | _____ |
| KINES 140 Personal Health                          | 3       | _____ | Foundations of Humanities (FH) _____              | 3-4     | _____ |
| PSYC 101 Survey of Psychological Science (FS)      | 3       | _____ | Foundations of Arts (FA): _____                   | 3       | _____ |
| UF 100 Foundations of Intellectual Life            | 3       | _____ | Foundations of Communication (FC): COMM 101       | 3       | _____ |
|  | (16)    |       |   | (16-17) |       |

#### SOPHOMORE YEAR

| FALL   |         |       | SPRING  |         |       |
|--|---------|-------|---|---------|-------|
| Class Title  | Credits | Grade | Class Title   | Credits | Grade |
| KINES 102, 103, 106, 113 Tennis, Rackets, Disc, Golf (F) | 4       | _____ | ED-CIFS 201 Foundations of Education (FS)           | 3       | _____ |
| KINES 107, 114, & 116 Gymnas., Outdoor, Dance (F)        | 3       | _____ | EDTECH 202 Teaching /Learning in Digital Age        | 3       | _____ |
| KINES 201 Cul. Hist. & Phil. Dimensions of PA            | 3       | _____ | KINES 110, 111, 117 Volleyball, BkBall, Soccer (Sp) | 3       | _____ |
| KINES 251 Introduction to Teaching PE (F)                | 3       | _____ | KINES 105 & 115 Yoga, Rec Games (Sp)                | 2       | _____ |
| MATH143 Precalculus I: Algebraic Functions (FM)          | 3       | _____ | KINES 270 Applied Anatomy                           | 3       | _____ |
|  | (16)    |       |   | (14)    |       |

Complete Fitness Testing Session \_\_\_\_\_

**\*APPLY to the K-12 PE program** during Fall Semester (only if you have 3 semesters remaining of course work, excluding student teaching).

**\*\*\*Due to course prerequisites and offerings, it is CRITICAL that UPPER DIVISION semester courses be taken as listed below\*\*\***

#### JUNIOR YEAR

| FALL  |         |       | SPRING  |         |       |
|---|---------|-------|---|---------|-------|
| Class Title   | Credits | Grade | Class Title                                   | Credits | Grade |
| KINES 180 Introduction to Coaching  | 3       | _____ | KINES 305 Adapted Physical Education (Sp)     | 3       | _____ |
| ED-CIFS 203 Child and Educational Psychology  | 3       | _____ | KINES 351 Elementary PE Methods (Sp)          | 3       | _____ |
| KINES 330 Exercise Physiology and Lab   | 4       | _____ | KINES 352 Elementary PE Field Experience (Sp) | 1       | _____ |
| KINES 365 Social Psy of Sport & Physical Activity(F) or KINES 363 Exercise Psychology (F/S) | 3       | _____ | KINES 301 Stats, Measurement & Eval Concepts  | 3       | _____ |
| UF 200 Foundations of Ethics and Diversity  | 3       | _____ | KINES 432 Conditioning Procedures/Lab         | 3       | _____ |
|   | (16)    |       | KINES 455 Organization and Admin of PE (Sp)   | 2       | _____ |
| <b>*Apply to K-12 PE PROGRAM</b>  |         |       |   | (15)    |       |

#### SENIOR YEAR

| FALL   |         |       | SPRING                                   |         |       |
|--|---------|-------|--|---------|-------|
| Class Title                                      | Credits | Grade | Class Title                              | Credits | Grade |
| KINES 372 Applied Principles of Biomechanics (F) | 3       | _____ | Student Teaching:                        |         | _____ |
| KINES 375 Human Gr. /Motor Learning/Lab          | 4       | _____ | KINES 460 Professional Year – Elementary | 7       | _____ |
| KINES 451 Secondary PE Methods (F)               | 3       | _____ | KINES 461 Professional Year – Secondary  | 7       | _____ |
| KINES 452 Secondary PE Field Experience (F)      | 1       | _____ |  | (14)    |       |
| KINES 458 Curriculum Design in PE (F)            | 3       | _____ |  |         |       |
|  | (14)    |       | <b>Total Credits:</b>                    | 121-122 |       |

**\*Pass Praxis II (#0091) prior to Student Teach\*** Scores must be received the semester prior to student teaching.

**SUBJECT AREA ENDORSEMENTS or MINOR – Optional**

*All course work in a minor or endorsement must be completed, along with passing Praxis II in that content area, prior to student teaching.*

| Class Title | Credits | Grade | Class Title | Credits | Grade |
|-------------|---------|-------|-------------|---------|-------|
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| <b>Health Teaching Endorsement</b>  |                |
|---|----------------|
| <i>Course Number and Title</i>  | <i>Credits</i> |
| ADST 109 Drugs: Use and Abuse   | 3              |
| HLTH 207 Nutrition or KINES 332 Nutrition in Exercise and Sport   | 3              |
| KINES 140 Personal Health   | 3              |
| KINES 242 Human Sexuality (Fall only)   | 3              |
| KINES 445 Elementary and Secondary School Health Methods & Admin (Spring only)  | 3              |
| Select two (2) courses from the following:<br>COID 200 The Art of Happiness<br>KINES 363 Psychology of Exercise<br>PSYC 101 General Psychology<br>PSYC 271 Human Relationships<br>PSYC 301 Abnormal Psychology<br>PSYC 331 The Psychology of Health | 6              |
| <b>Total</b>  | <b>21</b>      |

|   |
|---|
| Alternative to KINES 242:<br>PSYC 261 Human Sexuality |
|---|

**Health PRAXIS II: #5551** Passing Score = 155

*Effective Fall, 2019*