### Foundations of Arts (FA)
- **ART 100 - Introduction to Art (3)**
- **ARTHIST 101 - Survey of Western Art I (3)**
- **FILM 220 - Cinema History and Aesthetics (3)**
- **MUS 102 - Introduction to Jazz (3)**
- **MUS 105 - Introduction to Pop/Rock Music (3)**
- **MUSI 100 - Introduction to Music (3)**
- **THEA 101 - Introduction to Theatre (3)**

### Foundations of Humanities (FH)
- **ARABIC101 - Elementary Arabic I (4)**
- **ARABIC 102 - Elementary Arabic II (4)**
- **ARABIC 201 - Intermediate Arabic I (4)**
- **ARABIC 202 - Intermediate Arabic II (4)**
- **ASL101 - American Sign Language I (4)**
- **ASL 102 - American Sign Language II (4)**
- **ASL 201 - American Sign Language III (4)**
- **ASL 202 - American Sign Language IV (4)**
- **BASQUE101 - Elementary Basque I (4)**
- **BASQUE 102 - Elementary Basque II (4)**
- **BASQUE 201 - Intermediate Basque I (3)**
- **BASQUE 202 - Intermediate Basque II (3)**
- **CHINESE 101 - Elementary Mandarin Chinese I (4)**
- **CHINESE 102 - Elementary Mandarin Chinese II (4)**
- **CHINESE 201 - Intermediate Mandarin Chinese I (4)**
- **CHINESE 202 - Intermediate Mandarin Chinese II (4)**
- **ENGL 175 - Literature and Ideas (3)**
- **ENGL 217 - Mythology (FH) (3)**
- **FREN 101 - Elementary French I (4)**
- **FREN 102 - Elementary French II (4)**
- **FREN 201 - Intermediate French I (3)**
- **FREN 202 - Intermediate French II (3)**
- **GERM 101 - Elementary German I (4)**
- **GERM 102 - Elementary German II (4)**
- **GERM 201 - Intermediate German I (3)**
- **GERM 202 - Intermediate German II (3)**
- **HIST 121 - Asian History from Antiquity to the Present (3)**
- **HUM 207 - Introduction to Humanities (3)**
- **JAPANESE 101 - Elementary Japanese I (4)**
- **JAPANESE 102 - Elementary Japanese II (4)**
- **JAPANESE 201 - Intermediate Japanese I (4)**
- **JAPANESE 202 - Intermediate Japanese II (4)**
- **KOREAN 101 - Elementary Korean I (4)**
- **KOREAN 102 - Elementary Korean II (4)**
- **KOREAN 201 - Intermediate Korean I (4)**
- **KOREAN 202 - Intermediate Korean II (4)**
- **LATIN 211 - Elementary Latin (4)**
- **LATIN 212 - Advanced Classical Latin (4)**
- **PHIL 101 - Introduction to Philosophy (3)**
- **PHIL 102 - Introduction to Philosophy: Great Thinkers (3)**
- **PHIL 103 - Introduction to Ethics (3)**
- **PHIL 123 - Philosophy in a Dated World (3)**
- **PHIL 209 - Thinking Well: Introduction to Logic (3)**
- **PHIL 220 - Philosophical Perspectives on Science & Mathematics (3)**
- **PORTUGUESE 101 - Elementary Portuguese I (4)**
- **PORTUGUESE 102 - Elementary Portuguese II (4)**
- **PORTUGUESE 201 - Intermediate Portuguese I (4)**
- **PORTUGUESE 202 - Intermediate Portuguese II (4)**
- **SPAN 101 - Elementary Spanish I (4)**
- **SPAN 102 - Elementary Spanish II (4)**
- **SPAN 201 - Intermediate Spanish I (4)**
- **SPAN 202 - Intermediate Spanish II (4)**
- **STEM-ED 220 - Philosophical Perspectives on Science and Mathematics (3)**

### Foundations of Oral Communication (FC)
- **COMM 101 - Fundamentals of Oral Communication (3)**
- **SOC 122 - Sociological Communication (3)**

### Foundations of Writing (FW)
- **ENGL 101P - Writing and Rhetoric I (3-4) or ENGL 101M (6)**
- **ENGL 102 - Writing and Rhetoric II (3)**

### Foundations of Mathematics (FM)
- **MATH 123 - Math in Modern Society (3)**
- **MATH 123P - Math in Modern Society Plus (4)**
- **MATH 133 - Elementary Models with Functions (3)**
- **MATH 143 - College Algebra (3)**
- **MATH 149 - Precalculus: Function for Business (3)**
- **MATH 153 - Statistical Reasoning (3)**
- **MATH 153P - Statistical Reasoning Plus (4)**
- **MATH 157 - Foundations of Number and Operations (4)**
- **MATH 160 - Survey of Calculus (4)**
- **MATH 161 - Mathematics for Data Science (4)**
- **MATH 170 - Calculus I (4)**
- **MATH 254 - Statistical Methods (3)**

### Foundations of Natural, Physical, and Applied Science (FN)
- **ANTH 103 - Introduction to Archaeology (3)**
- **ANTH 104 - Biological Anthropology (3)**
- **ANTH 104L - Biological Anthropology Lab (1)**
- **ANTH 105 - Evolution and Human Behavior (3)**
- **BIOL 100 - Concepts of Biology (4)**
- **BIOL 103 - Pivotal Transitions in Earth and Life History (3)**
- **BIOL 107 - Introduction to Human Biology (4)**
- **BIOL 191 - Biology I: Introduction to Cell and Molecular Biology (4)**
- **BIOL 227 - Human Anatomy and Physiology I (4)**
- **CHEM 100 - Concepts of Chemistry (4)**
- **CHEM 101 - Introduction to Chemistry (3)**
- **CHEM 101L - Introduction to Chemistry Laboratory (1)**
- **CHEM 102 - Essentials of Organic and Biochemistry (3)**
- **CHEM 102L - Essentials of Organic and Biochemistry Laboratory (1)**
- **CHEM 111 - General Chemistry I (3)**
- **CHEM 111L - General Chemistry I Laboratory (1)**
- **ENGR 100 - Energy for Society (3)**
- **ENGR 100L - Energy for Society Lab (1)**
- **ENGR 101 - Sustainable Cities (3)**
- **ENVTST 121 - Introduction to Environmental Studies (3)**
- **GEOL 101 - Physical Geology (4)**
- **GEOL 102 - Historical Geology (3)**
- **GEOS 101 - Global Environmental Science (4)**
- **GEOS 103 - Pivotal Transitions in Earth and Life History (3)**
- **GEOS 104 - Geoscience and Society (4)**
- **GEOS 201 - Introduction to Oceanography (3)**
- **MSE 101 - Introduction to Materials Engineering (3)**
- **PHYS 101 - Introduction to Physics (4)**
- **PHYS 104 - Life in the Universe (4)**
- **PHYS 105 - Stars and Cosmology (4)**
- **PHYS 111 - General Physics I (4)**
- **PHYS 112 - General Physics II (4)**
- **PHYS 211L - Physics I with Calculus Lab (1)**
- **PHYS 211L - Physics I with Calculus Lab (1)**
- **STEM-ED 141 - Models and Modeling in the Physical Science (FN) (4)**

### Foundations of Social Sciences (FS)
- **ANTH 102 - Cultural Anthropology (3)**
- **ANTH 216 - Magic, Witchcraft, and Religion (3)**
- **CI 103 - Introduction to Law and Justice (3)**
- **ECON 201 - Principles of Macroeconomics (3)**
- **ECON 202 - Principles of Microeconomics (3)**
- **ED-CIFS 201 - Education, Schooling, and Society (3)**
- **ED-ESP 223 - Child Growth and Development (3)**
- **ETHNIC230 - Introduction to Ethnic Studies (FS) (3)**
- **GEOG 101 - Introduction to Geography (3)**
- **GEOG 102 - Cultural Geography (3)**
- **GEOG 200 - The Global Neighborhood (3)**
- **GLOBAL 101 - Global Studies: Conflict, Cooperation, and Change (3)**
- **HIST 101 - World History I (3)**
- **HIST 102 - World History II (3)**
- **HIST 111 - United States History I (3)**
- **HIST 112 - United States History II (3)**
- **HLTH 110 - Introduction to Health Science and Public Health (3)**
- **LING 105 - Language Myths (3)**
- **POLS 101 - American National Government (3)**
- **POLS 201 - Current Events in American Politics (3)**
- **PSYC 101 - Introduction to Psychology (3)**
- **SOC 101 - How Society Really Works: An Introduction to Sociology (3)**
- **SOC 102 - Social Problems (3)**
- **SOC 105 - Racism and Antiracism (3)**
- **SOC 230 - Introduction to Ethnic Studies (3)**
- **SOCWRK 101 - Introduction to Social Welfare (3)**
- **STEM-ED 210 - Knowing & Learning in Mathematics & Science (3)**

### Finishing Foundations (FF)
See major for specific capstone